

Madnessociation

*In the times of crisis caused by both pandemic and earthquake, people with mental health difficulties, the worrying number of young people, are left unable to use a whole range of services provided by institutional psychiatry and CSOs. Therefore, the new redesigned model must be adapted to current circumstances. The exclusion of CSOs from crisis management measures has caused major changes in the way CSOs operate. Advocacy and work with beneficiaries have been hampered while state of instability of civil society has deepened. The aim of the project is to raise the level of public awareness, to empower people with mental health difficulties and to sensitize and encourage public policy makers to take appropriate measures in response to current crisis. The target groups are CSOs, public policy makers, media, people with mental health difficulties and their loved ones, experts in the field of mental health and the general public. Networking of the CSOs and advocating the importance of CSOs still operating in the time of crisis will put pressure on the government to adopt the measures which are necessary for undisturbed operation of these CSOs. Workshops of mapping the needs and services provided in the field of mental health will be conducted, as well as workshops focusing on the use of video conferencing apps for psychosocial support. People in need who will take part in these workshops will be able to use redesigned model of mental health services and will have better access to information about available services. In three months, a new way of providing psychosocial support will be developed through individual and group therapy meetings of mental health experts and people in need. Service providers and people in need will be empowered to use new methods aimed at achieving and preserving mental health. Collaboration between experts by experience and experts by profession will continue. All activities will be carried out via email, chat, telephone consulting and video conferencing.*